

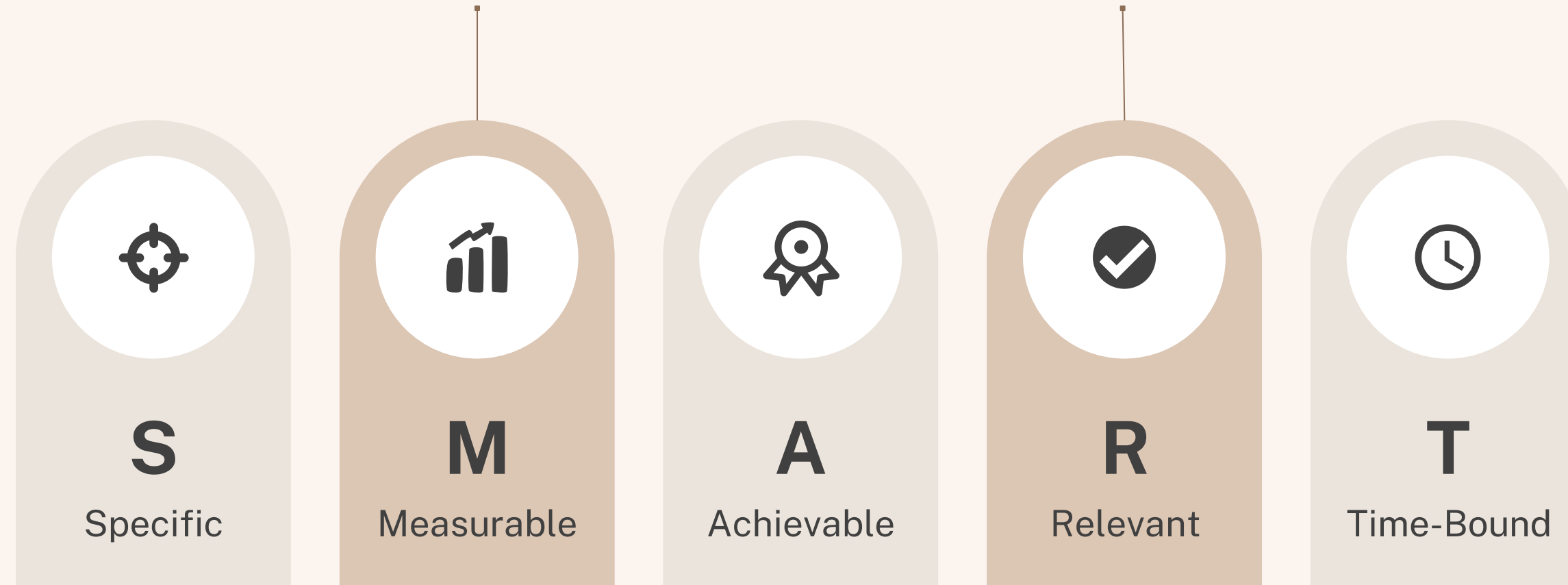


# How do you know if a goal is SMART?

- How will I measure my progress?
- How will I know if my goal is achieved?
- How much?
- How many?

- Is this goal related to my overall success?
- Does this seem worthwhile?
- Is this the right time?
- Does this match our other efforts/needs?
- Am I the right person to reach this goal?
- Is it applicable in the current socio-economic environment?

## ASK YOURSELF THESE QUESTIONS.



- What do I want to accomplish?
- Why is this goal important?
- Who is involved?
- Where is it located?
- Which resources or limits are involved?

- How can I accomplish this goal?
- How realistic is the goal, based on various constraints, such as financial factors?
- Will it be clear when the goal is complete?
- Is it reasonable to complete the goal in the time allotted?

- By when do I want to achieve it?
- How long should it take to accomplish his goal?
- When will I check in on whether or not the goal has been completed?